

Al Kohallek Goes On A Forty-Day Serendipity Journey

DAY 3 - Today is _____

When you start your daily practice you may ask your Higher Power – “Cause me to have all the honesty, willingness and open-mindedness I may need here and now. I ask, for the guidance, love and wisdom that I need to work through this process and gain the most I can at this time. I am as willing as I can be to set aside everything I even think I know about this area, this way of life so that my chances for an open-mind and to be teachable are better and that I may realize Your Three Spiritual Gifts: Awakening to You, to be the love I am and to be the individual You created me as. Thank You.”

Today’s Mission Statement: Bill W. is the co-founder of Alcoholics Anonymous. Reading his story will give us a deeper insight into the disease and the solution. We most likely identify with some of his story; if we read through the whole book we will find a great many things we can identify with. Al Kohallek identified with so much of Bill’s story that he told his sponsor, Lou-is Pazinton, that the next time we have a new edition of the Big Book the title of this chapter should be changed to Al K’s Story.

Al: I was in A.A. about six months before I caught this disease of alcoholism. I had never even heard the word “alcoholic” until I came into A.A. much less what it meant, but if you ask me if I were one I would say, sure maybe the worse one here. I only said that so if anyone said anything about my resistance to the Program to my family, they would have to report that I was agreeing to everything. The more meetings I went to and the more I shared with other A.A. members the easier it was for me to identify with other alcoholics. I have come to realize that a big part of A.A. is our ability to identify with other Alcoholics.

DAY 3

INDEX FOR THIS DAY ACTION

1. Today’s reading assignment from Alcoholics Anonymous is Bill’s Story (Fourth Edition pages 1 - 16) Average reading time 31 minutes. Underline those things that were most useful for you and/or caused you to have questions.
2. List the most important ideas you can relate to or identify with as a result of today’s reading; Fourth Edition pages 1 - 16 Alcoholics Anonymous. How do these ideas directly relate to the area you are currently working this Forty Day Commitment? Give examples.

