

Al Kohallek Goes On A Forty-Day Serendipity Journey

DAY 8 - Today is _____

When you start your daily practice you may ask your Higher Power – *“Cause me to have all the honesty, willingness and open-mindedness I may need here and now. I ask, for the guidance, love and wisdom that I need to work through this process and gain the most I can at this time. I am as willing as I can be to set aside everything I even think I know about this area, this way of life so that my chances for an open-mind and to be teachable are better so that I may realize Your Three Spiritual Gifts: Awakening to You, to be the love I am and to be the individual You created me as. Thank You.”*

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1. Today’s reading assignment from Alcoholics Anonymous (The Chapter 4 We Agnostics, pages 44 - 57) Average reading time is 27 minutes. Underline those things that were most useful for you and/or caused you to have questions.
2. List the most important ideas you can relate to or identify with as a result of today’s reading; from Alcoholics Anonymous. How do these ideas directly relate to the area you are currently working this Forty Day Commitment on? Give examples.

Today’s Mission Statement: Many of us had difficulty with the idea that the solution to our problem is to find a Power Greater than ourselves. With most compulsive, addictive kind of folks we could be an atheist, agnostic, and a true believer in the same hour on a given day. This reading will not take this problem away but every little bit will help.

Al: On page 45 Alcoholics Anonymous is the most wonderful message I can ever remember. I had realized just how incompetent I was when I first got out of the hospital drying out. Not only did I feel like a failure in every area of my life, I had proof of it. “Lack of power, that was our dilemma. We had to find a power by which we could live, and it had to be a Power greater than ourselves. Obviously. But where and how were we to find this Power?”

Well, that’s exactly what this book is about. Its main object is to enable you to find a Power greater than yourself which will solve your problem.” Even though at first I could not believe it could be for me, I wanted it and needed so much. I have had a few miracles happen since I came in the Program so to a small degree I know it is true. We can find a Higher Power by which we can live.

